

Independent Practitioner

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in Independent Practice
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Welcome to New Division 42 Fellows —
June Ching

COR Happenings - We Were There —
Jana Martin

APA President-Elect Candidate
Statements

Independent Practitioner

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November 15 for Winter issue

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All materials are subject to editing at the discretion of the Editors. Unless otherwise stated, the views expressed by authors are theirs and do not necessarily reflect official policy of Psychologists in Independent Practice, APA, or the Editors. Publication priority is given to articles that are original and have not been submitted for publication elsewhere.

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President's Message -- Fall 2022

Peter Oppenheimer

Hi Esteemed Colleagues,

One of the reasons I chose to go into clinical practice was so that I could be my own boss and work in ways I thought would benefit the people I serve. I have been fortunate to be able to start an independent solo practice and then a couple of years later start a group. I am also fortunate to have had the opportunity to work on my own terms. When we started our group practice, my partner and I recognized the value of working in a supportive environment where we could address the difficulties we experienced in practice during, what turned out to be, the era of managed care. We devoted significant time to community engagement in Rhode Island over the years as part of our effort to help serve the needs of our local community while supporting our fellow psychologists.

The Rhode Island healthcare landscape has changed significantly over the years. Now three hospital chains own many medical practices. Other corporate entities have bought or opened their own practices. The hospital chains have created their own Accountable Care Organizations and with them affiliated specialty providers. It all fits with the longstanding and well-intentioned efforts to implement integrated care and population health strategies to Rhode Island.

As with many cities, counties, and states, the pandemic stressed the resources of Rhode Island's healthcare system. We continue to experience intense demand for services. While we were able to successfully lobby for expanded telehealth coverage, rising costs and stagnant reimbursement continue to threaten our future.

On the heels of the pandemic, we are about to undergo further changes to the practice envi-

ronment that will challenge our ability to truly practice independently.

Digital-based therapeutics will become increasingly integrated into treatment. These devices and programs require capital and expertise to develop beyond the resources of most independent practitioners. Their development and implementation will use new technologies to improve some diagnostic and treatment procedures; however, the implication for independent practitioners is that the implementation of the software in assessment and treatment may largely be controlled by the entity that creates it. Thus, practitioners will have less ability to adapt assessment and therapeutic experience to meet the needs of their patients.

Psychologists need to figure out how we will be involved in the future healthcare system in ways that maintain our independence as professionals, entrepreneurs, and leaders. We will be facing competition from corporations that will own mental health practice and the "online therapy" companies. My practice, along with other practices, many owned by Rhode Island Psychological Association members, have been involved in two efforts to organize networks that would enable us to formally collaborate or contract directly with medical provider networks or the local health insurance companies. In both instances, we experienced significant barriers and were not able to achieve our major objectives.



In the future, I predict that it is going to be harder to be independent as we have been over the past 40 years. More work opportunities are going to be in corporate structures, and we will also face continuing competition from master's level professionals who are attractive to payors because they cost less.

Our future as truly independent professionals is at risk. We need to make doctoral psychologists essential in healthcare systems. We bring expertise and skills that other professions do not bring to the table. It is incumbent on us to articulate and demonstrate our value so that

we remain a very present and active part of this changing landscape. Leaders of our Division and the Board of Professional Affairs are working on strategies, one of which is the division video initiative on which President-elect Robin McLeod and I have partnered. I hope this video will inspire us to do more in this effort.

As I write, I'm charging our early- and mid-career professionals as well as our future members to think of the career you want to have and be active in creating that future.

Peter

FOCUS ON FELLOWS

Congratulations Division 42 Fellows

June W. J. Ching

As chair of Division 42's Fellows Committee, join us in congratulating the 2022 Current Fellows of the Community of Psychologists in Independent Practice. Fellows status is a recognition for Division members who have dedicated themselves to the advancement of distinguished and sustained delivery of psychological services, and who are known to their professional colleagues as having made significant and enduring contributions to the practice of psychology. Fellows are selected by peers based on evidence of sustained superior accomplishment, recognizable at a national or international level.

Kenneth H. Bohm, PhD

- Dr. Bohm was employed for 30 years as a staff psychologist, Director of Psychology Training, and acting Chief of Psychology service at the Veteran's Administration Medical Center (VAMC) in St. Louis. His distinguished contributions included co-authoring a supervisory manual to deal with employees with alcohol problems and developing a workshop on violence

reduction, which enhanced and widely utilized these services throughout the VA.

- Dr. Bohm was in independent practice for 17 years. He served in State Provincial Territorial Psychological Association (SPTA) leadership as Past-President of the Missouri Psychological Association and twice as Past-President of the St. Louis Psychological Association. He helped to develop the current Missouri psychology licensing law and gained authority for psychology hospital membership and treatment of Medicaid patients.
- His sustained service to the American Psychological Association (APA) entailed 12 years on the APA Council of Representa-



tives (COR) and 3 years on the APA Finance Committee. While on COR, along with Drs. Oppenheimer and Portman, they effected a bylaw change to ensure that every APA and state entity would be guaranteed a seat on Council.

- Dr. Bohm's was the recipient of state and national recognitions for professional contributions consisting of the APA Karl Heiser Award, Missouri Carl Wilkinson Lifetime Achievement Award, and APA Practice Leadership 2020 State Leadership Award.

David Hayes, PhD

- Dr. Hayes first received his Psychology license in Ohio in 1982 and has continuously been in independent practice since 1983. He is Board certified in Clinical Psychology through the American Board of Professional Psychology (ABPP).



- He has demonstrated distinguished leadership and service in SPTA and APA governance highly relevant to psychological practice. He served 2 terms as Ohio Psychological Association (OPA) President and for an extended period as OPA's Federal Advocacy Coordinator. His dedicated APA service includes 3 terms as Ohio's COR, chair of the Committee of State Leaders and chair of the APA Fellows Committee.
- Currently, Dr. Hayes serves as a member of the Board of Directors (BOD) of the Cincinnati Psychoanalytic Institute. He developed and directed the Postgraduate Training Program in Individual Psychotherapy from 1987-1995.

- He was nationally recognized for his distinguished service as recipient of the APA Karl Heiser Award for legislative advocacy.

Arlene Noriega, PhD

- Dr. Noriega has been in independent practice for the past 22 years with highly distinguished service and commitment to marginalized communities. She is a former Associate Professor with Georgia School of Professional Psychology.



- As a bilingual/bicultural psychologist, she has received state and national recognition for providing a myriad of culturally competent services to the Latinx population in Georgia, including assessment, therapy, immigration evaluations for the Latinx community, pro-bono services for those without insurance, and worked with the ACLU for undocumented individuals, testifying in Federal Immigration Court.
- Additionally, Dr. Noriega has demonstrated distinguished leadership and service with respect to sexual orientation, gender, and gender diversity issues.
- Her significant contributions extend to her work in training and supervision of graduate students, pre- and post-doc interns. She developed doctoral and post-doctoral practicum sites for Argosy University, Georgia State University, and Mercer University.
- Dr. Noriega has provided extensive leadership service to Georgia Psychological Association and APA. She was elected to APA COR for 2 terms (2016-present) and

APA Council Leadership Team (2020-present). Other distinguished service includes Past-President APA Division 44; Chair, APA Committee on Sexual Orientation and Gender Diversity; Member at Large (MAL) for the APA BOD; and Chair, Diversity Committee for the Society of Clinical Psychology (Division 12); along with being a founding member of Clinical Digest the Division 44 Journal.

- Dr. Noriega conducted multiple national scholarly presentations for practitioners and psychologists on issues related to practice, diversity, and ethics.

Peter M. Oppenheimer, PhD

- Dr. Oppenheimer has evidenced a highly distinguished record of leadership and sustained service in the independent practice of psychology since 1987. As the owner of a group practice in Rhode Island (RI) since 1994, his group has been a leading model for the development of innovative practice strategies that enhance and support independent practice.



- He has demonstrated leadership excellence to the APA, APA Practice Organization (APAPO), Division 42, Division 31, the Rhode Island Psychological Association (RIPA), and the State of Rhode Island that has been impactful in psychology advocacy, and policy and practice regulations that have enhanced, protected, and advanced psychologists' scope of practice and the doctoral standard.
- Dr. Oppenheimer currently serves as Division 42's President, was past chair of the Advocacy Committee and as the Federal Advocate. He has been in ongoing active leadership in the RIPA and RI's Psycholo-

gy Board, serving 2 terms as President of RIPA, former chair of Membership Committee, and Director of Professional Affairs since 1998. Has chaired the RI Board of Psychology since 2005.

- His exemplary leadership activities in legislative advocacy and organizational lobbying skills serves as a model for other SPTAs. Noteworthy examples include his extensive involvement in the creation of/ revisions to RI statutes on health insurance regulation and practice regulation, assistance in revising RI's mental health parity law to be consistent with federal mental health parity, and leadership in defeating the new Governor's efforts to reorganize the professional licensing of 25 non-prescribing healthcare professions into one omnibus board.
- Dr. Oppenheimer served more than 2 terms as RI's Representative on APA Council and is completing his second term as Division 31's COR. During his tenure on Council, he actively organized and advocated for SPTAs and practitioners in APA Governance. He chaired the CSPTR, the AAP, and Rural Health Interest Caucuses. He led the effort to revise the APA Bylaws to ensure all constituencies are guaranteed voting representation at Council. Through his organized efforts, Dr. Oppenheimer successfully fought against elimination of APAPO's plan to eliminate Organizational Development Grants provided to small and very small SPTAs. As a current APA COR, he continues vigorous activity to enable Council to be an effective legislative body in service of representing the interests of APA's multidimensionally diverse membership, specifically through the Council Effectiveness Workgroup and the Council Effectiveness Implementation Oversight Work Group.
- Dr. Oppenheimer's recognition for significant contributions includes the National Association of Social Workers-RI Chapter Exemplary Community Service Award, RI Psychological Association Musiker-Miranda Award, Karl F. Heiser APA Presidential

Award for Advocacy, and APA DIV 31 Psychologist of the Year.

Linda Carter Sobell, PhD

- Dr. Sobell has been a health services psychologist and researcher for four decades, involved in conducting clinical research in the addiction field as well as active involvement seeing clients in clinical trials, along with training and supervision of doctoral-level psychologists. She has been licensed in Florida since 1997 and was previously a registered psychologist in Ontario and licensed psychologist in Tennessee. She is Board Certified in Behavioral and Cognitive Psychology with the American Board of Professional Psychology.
- Dr. Sobell has made significant contributions in health psychology. Her applied clinical research has been funded for 30 years (NIAAA, DoD, CDC), concentrating on the effective dissemination of evidence based practice and bridging the gap between science and practice. In the past 2 decades, her focus was extended to the prevention of 2 health problems – risky drinking of younger problem drinkers and prevention of alcohol exposed pregnancies.



- Dr. Sobell taught at Vanderbilt University, University of Toronto, and now at Nova Southeastern University. She has supervised clinical doctoral students, and interns, and has been involved in clinical training as the Associate Director of Clinical Training at Nova for the past 25 years. She has developed educational innovations as co-director of a clinical training program that provides clinical services to patients using the evidence-based Guided Self-Change model of treatment (in Spanish and English). Their treatment model has been supported in 12 published randomized clinical trials.
- She is recognized as one of early leaders in clinical assessment and treatment outcome evaluation in the addictions field. Dr. Sobell has presented over 325 invited presentations/workshops, written over 300 articles/book chapters, and 8 books. She has received numerous APA and other awards.
- Her extraordinary leadership service has been in APA governance (divisions, committees, boards); ABPP Board of Trustees, liaison to the Board of Trustees of the ABPP representing the American Board of Addiction Psychology (ABAP); Founding member ABAP (provisional); Past-President Division 50; member ABPP Ethics Committee; member APA CRSPPP; member APA Board of Scientific Affairs; APA COR Division 50 and Division 12; Past-President APA Division 12.

Mahalo Nui Loa to the Community of Psychologists in Independent Practice Fellows Committee members, Drs. Mary Ann McCabe and Pauline Wallin, for their generous service on the Committee this past year.

Call for Initial Fellows Applications

We encourage qualified colleagues to apply for Initial APA Fellow status through Division 42. The APA application website for Initial Fellows is now active at the following URL: <https://www.apa.org/members/your-membership/fellows/apply>. The deadline set by Division 42 for Initial Fellows is November 1, 2022. As chair of the Division 42 Fellows Committee, please feel to contact me, June Ching, PhD, ABPP (junewching@gmail.com), or the Fellows Committee members, Drs. Mary Ann McCabe, Pauline Wallin, and Peter Oppenheimer. We are happy to assist with any of your questions and look forward to receiving your applications.

Division News and Notes

COR Happenings: We Were There!

Jana N. Martin

Division 42's Council Representatives, Drs. Lenore Walker, Lisa Grossman, Norm Abeles, and I, were honored to serve you at the APA Council Meeting on August 2nd-4th in Minneapolis, MN. While some Council Reps attended virtually, we all attended in person. We sat together, conferred as needed, addressed COR on several items from the floor, voted on every item, and participated in all events related to Council. And we were prepared!

So, what did we accomplish during the COR meeting? We want to share with you excerpts from the document created by APA entitled, August 2022 Council Highlights, which provides an overview of items, including resolutions, guidelines, and policy changes presented to and discussed at the Council meeting:

APA adopts resolution limiting death penalty to offenders ages 21 and older

The APA Council passed a resolution by 161-7, with 1 abstention to limit the application of the death penalty based on scientific research indicating that adolescent brains continue to develop well beyond age 18 (the current constitutional limit), and that people's ability to exert good judgment in times of heightened arousal is not realized fully until sometime after the age of 20. This supplements earlier resolutions by

APA concerning younger juveniles and the death penalty that eventually were adopted by the law. The current resolution may be accessed on the [APA website](#).



Police reforms aimed at curbing use of force, protecting marginalized populations

APA Council adopted a wide-ranging resolution on policing that seeks to expand training programs to include de-escalation techniques, build stronger relations with mental health service agencies, minimize targeting of people of lower socioeconomic status and encourage officers to restrict when they use force. The Resolution passed by a vote of 165-1, with 2 abstentions. The resolution is available on the [APA website](#).

Psychology Week

Council passed a motion designating the third week of April be proclaimed Psychology Week, an annual celebration of psychology that includes "Psychology Day," recognized by the United Nations community and certain other institutions. APA will share information about Psychology Week with the psychology commu-

nity and broader audiences leading up to and during that week. Council approved the business item by a vote of 166-2 with one abstention.

Practice Guidelines adopted as APA policy

Guidelines for psychological practice with women with SMI

APA Council adopted as APA policy the Guidelines for Psychological Practice with Women with Serious Mental Illness and approved December 31, 2032, as the expiration date for the Guidelines with a vote of 158-1 with six abstentions. These practice guidelines serve to guide professional behaviors and decisions of psychologists who work with women with SMI, and provide a “culturally responsive, trauma-informed approach to clinical engagement” with a focus on offering equity of access and outcomes.

Council effectiveness and association operations

Resolution to add a graduate student member seat to selected APA Boards and Committees

Council approved a series of motions to add a graduate student member seat to selected APA Boards and committees. The main motion passed with a vote of 135 or 81.8% voting in favor; 29 or 17.6% opposed; and 1 or .6% abstained. In accordance with the APA Bylaws, the amendment to the Bylaws for several of the boards and committees will be forwarded to the APA Membership for a vote in November 2022. Others became effective immediately upon Council’s approval. Council voted 88 or 52.7% in favor and 79 or 47.3% opposed to include a pro-con statement to the information shared with APA members. If approved by the APA membership, an additional seat dedicated to a Graduate Student will be added to the boards. The Membership Board will not add an additional seat and, instead, will allocate an existing seat to a Graduate Student. If the Bylaws changes are approved by the APA membership, beginning in 2025, graduate students would be seated on selected boards and committees included

in the Bylaws changes. Even though the motion passed, there were many concerns, including by your Council representatives, especially around the possibility of adding graduate students who may be in terminal master’s degree programs to boards and committees

APA adopts racial equity action plan, outlining next steps to operationalize racism resolution

The APA Council adopted a [Racial Equity Action Plan](#) that outlines the next steps the association and psychology should take to prioritize and operationalize the commitments made in the association’s 2021 apology for its role in contributing to racism. Council approved the plan by a vote of 149-8 with two abstentions. At this time, both APA funds and money raised by the APF will be available. The full report is available on the [APA website](#).

Task force report calls for psychology to transform education, practice and research to address equity

Council accepted a report by a Task Force calling for psychology to take steps to expose and mitigate the impacts of systemic and structural factors that affect physical and mental health by a vote of 161-2.

The report recommends developing strategies to increase the racial and ethnic diversity of the psychology workforce to better address the mental health needs of communities of color, noting that more than 80% currently identify as white. The [full report](#) is available on the APA website.

Additional Actions

- There were a few date changes made to the guidelines for the nomination and election of the President-Elect: The deadline for submission of statements for President-Elect was changed from January 15th to February 15th. Nomination ballots for the President-Elect are sent on or about March 1st instead of February 1st. Final election ballots will be sent on or about August 1st instead of September 15th.

- Additionally, the elections of the Recording Secretary and Treasurer no longer need to be conducted by an independent audit firm.
- Several expiration dates of various Guidelines and working timelines of task forces were extended.
- The Committee on International Relations in Psychology was renamed the Committee for Global Psychology. The change in title reflects that each of the countries are equal independently rather than being in relation to APA.
- Council voted to postpone the item, Guidelines for Equitable and Respectful Treatment of Graduate Students in Psychology Training to a future meeting of Council. Recommendations were made to review the language used and to consider a similar set of guidelines focusing on equitable and respectful treatment of faculty.

Presidential Citations and Awards

APA President Frank C. Worrell, PhD, honored two psychologists for their contributions to the field. Rosie Phillips Davis, PhD, ABPP, 2019 president of APA, received the 2022 Raymond D. Fowler Award for Outstanding Member Contributions. Jason Cantone, PhD, representing Division 41, was presented with a Presidential Citation.

We also wanted to share an APA video that Council watched at the beginning of the meeting: “Psychology: Answering the Call.” It presents information about the role and actions of Council and can be accessed on YouTube here: [https://](https://youtu.be/BJKQs7_xoGg)

youtu.be/BJKQs7_xoGg.

Needless to say, we were busy! Thank you for the opportunity to represent you! Please let us know if you have any questions. We will keep you posted in future articles about our continued work. We welcome new Council members, Dr. Dinelia Rose, Division 42’s Diversity Representative, and Dr. Laney Ducharme, who will begin their terms in 2023, and join Drs. Lisa Grossman and Jana Martin as Division 42 Council Representatives.

Finally, Drs. Lenore Walker and Norm Abeles will end their service as Council representatives this year. There is no way to describe the volume of work and significant contributions these two dedicated Division 42 psychologists have provided in their roles as Council Representatives! They will be sorely missed in many ways. Please join me in thanking them for their service. We are fortunate they will continue to make contributions for our Division in many different roles! Thank you for representing practitioners in meaningful ways, Lenore and Norm!



Practice Innovations

Call for Submissions

We are looking for thoughtful articles relevant to clinicians in practice.

For more information contact:

Jeff Zimmerman, PhD, ABPP
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drz@jzphd.com

**APA Division Award
Winners 2022**



June Ching receives the Rosalee G. Weiss Award from Gale Beck, PhD of the American Psychological Foundation

Blaine Lesnik receives a Presidential Citation from Division 42 President Peter Oppenheimer



Division 42 President Peter Oppenheimer and Rosalee G. Weiss Award recipient June Ching



Jana Martin receives the Distinguished Professional Contribution Award



Rosalee G. Weiss Award – June Ching, PhD



Presidential Citation – Blaine Lesnik, PsyD (above) and Shannon Nicoloff, PsyD (below).



Distinguished Professional Contribution Award – Jana Martin, PhD



Mentoring Award – Jan Owens-Lane, PhD



Distinguished Professional Contribution Award – Lenore Walker, EdD



Diversity Award – Derek Phillips, PsyD

Violence and Mental Illness

David Shapiro

In the wake of recent shootings, there has been increased attention paid to the causes of gun violence as well as violence aimed at specific groups of people. The causes of such violence are, in fact, very complicated. The media and many politicians tend to present oversimplified ideas regarding a direct relationship between mental illness and violence with very little empirical evidence to substantiate this claim. However, these ideas exclude from consideration known causes of violence, such as the profusion of firearms (Hurka and Knill, 2020; Monuteaux et al., 2015) or media glorification of violence (Guo, 2021, 2022; Shaikh, et al., 2022) to name only a few. In addition, with the increase of terrorist activities around the world (Meloy, 2021), some countries (those in the European Union) have set up “Operation Prevent” which mandates that healthcare workers identify potential terrorists and notify the police so that effective intervention can be implemented (Limburg, 2022). Unfortunately, there is scant empirical evidence for any of these approaches, and instruments used to predict violence have serious methodological flaws (Shapiro & Noe, 2015).

One of the most disturbing aspects of this flawed reasoning, from the point of view of mental health professionals, is the scapegoating and demonizing of people with serious mental disorders, such as those with Bipolar Disorder, Schizophrenia and/or Delusional Disorders. Blaming people with mental illness for violence simplifies a problem that is, in fact, multifaceted. Research from the late 1970’s to the present has consistently demonstrated a very low correlation between mental illness and violent behavior toward others (Monahan, 2009; Monahan & Steadman, 2002; Shaikh, 2022). Monahan originally believed that the

base rate for violent behavior among individuals with mental illness was no higher than that in the general population (around 2%); in other words, violence occurs in the general population in approximately two out of every 100 individuals, and two out of 100 individuals with mental illness will demonstrate that same base rate. Monahan’s further research (1992) suggested that this original estimate was not accurate and that for certain groups of individuals with mental illness—those with paranoid or major mood disorders—the base rate for violent behavior was about 8% yet was still quite low, described by Monahan as a “modest relationship.” These findings were based on Monahan’s research as principal investigator for the MacArthur Studies on Violence Risk Assessment described in the volume by Monahan and Steadman called “Rethinking Risk Assessment” (2001). More recent research described by Dvoskin (2014) suggests that this figure of 8% may be inflated by the presence of substance abuse, and that the actual base rate for violence in individuals with mental illness, separating out co-existing factors such as substance abuse, is closer to 5%. Nevertheless, much of the media portray the myth that individuals with mental illness are at high risk for violence when the empirical data clearly show quite a different picture. In fact, those individuals suffering from major mental illnesses as afore described, are far more likely to be the victims of violent crimes rather than the perpetrators. Monahan’s original work in 1982 suggested that clinicians’ estimates of future violent behavior among those individuals with mental illness, based on clinical judgment alone, were twice as likely to be wrong (inaccurate) as other methods of risk assessment. This was based on a meta-analysis that Monahan performed of existing work on violence risk assessment as well as earlier meta-analyses of his colleagues, Steadman and Coccozza (1978).

Monahan’s research (1982) identified impoverished predictor variables (e.g., clinical judgment was insufficient), impoverished criterion variables (e.g., using rearrest as a measure of future violence was insufficient) and a failure to factor in the influence of intervention effects, such as mental health counseling or hospitalizations. These variables were derived through his intensive interviews of family members and friends of individuals with mental illness, reviews of hospital and police records, and reviews of various forms of medical and psychological interventions. These data yielded a far more complete database than reliance on clinical interview and arrest records alone. Monahan developed a research protocol which consisted of five parameters or indices: demographic, psychological, sociological, biological, and contextual. Several dimensions were identified within each of the indices. For instance, in the demographic area, Monahan’s research demonstrated the importance of age, sex, socio-economic status and level of education. Dimensions within the psychological realm included delusional thinking, substance abuse, hallucinations, psychopathy, and past history of physical violence toward others. The sociological dimensions included considerations of support for or inhibition of violent behavior in both family and peer group, as well as employment status. The biological dimensions dealt primarily with the sequelae of traumatic brain injury. Contextual dimensions dealt with the circumstances under which physical violence had occurred in the past, including whether it was within the family or within a work setting, and whether or not there were particular individuals or groups who were targeted. What had previously been called “prediction of violent behavior” (i.e., whether or not a person would be violent—a dichotomous approach) was now reconceptualized as risk assessment; that is, how many of the factors within Monahan’s five parameters did a particular individual demonstrate? These factors were not quantified, other than noting that the trait was not present, slightly present, or definitely present. Monahan’s research initially identified well over 100 variables relevant to a risk assessment for potential violence by individuals with mental illnesses, and these

were eventually refined into roughly 30-40 variables. Monahan’s research work was clearly a very complex undertaking, and the variables were combined in various ways in different predictive schemes. It was no surprise, therefore, that clinicians’ earlier estimates based on clinical judgment alone were so inaccurate. For instance, a well-known instrument called the Historical Clinical Risk Management or HCR-20 (Webster et al., 1997) deals with historical factors, such as past violence, employment difficulties, and disturbed interpersonal relationships. The clinical section assesses current evidence of symptoms of mental illness and the individual’s degree of insight. The R, or risk management component, assesses whether or not there are realistic plans for the future and whether the individual is likely to be exposed to stabilizing or destabilizing influences in the future.

Concurrent with Monahan’s research, another group of researchers were considering a different approach which had no reference at all to clinical judgment, but instead based predictions of future violent behavior on static demographic factors, such as age, sex, socioeconomic status, and level of education (Hanson, Quinney, & Rice, 1998). Their work became known as the Actuarial Approach and proponents of this approach maintained that it had predictive powers far superior to clinical judgment. Hanson and colleagues’ actuarial formulas were based on a purely empirical review of factors that differentiated violent from non-violent offenders within correctional settings. This actuarial approach is still in extensive use at the present time.

The most current approach in the research is described as Structured Professional Judgment (Douglas, Hart, & Webster, 2014; Guy, et al., 2015). This approach represented an amalgam of the aforementioned two approaches, considering all of the parameters that the research had repeatedly identified, and proceeded to use them to structure an assessment; however, the manner in which the assessment was carried out was left to the individual practitioner and their clinical judgment. Some actuarial infor-

mation was incorporated into this structured clinical judgment, such as a history of prior violent behavior, a history of substance abuse, and the lack of stability in a family. Heilbrun (2008) observed that the actuarial approach and the approach using structured professional judgment were about equal in their ability to predict future violent behavior among a population of mentally ill individuals.

In this piece, I emphasize that there has been extensive research over the past 40 years regarding risk assessment for future violent behavior. Yet, the important issue to keep in mind, regardless of which assessment approach is used, is that severe mental illness as described herein is a relatively insignificant factor in the assessment of the potential for future violence. Its importance is overplayed by the media who continue to scapegoat the mentally ill with no empirical evidence to support these claims.

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Opinions and Policy

“Yes, I’ve Paid the Price. But Look How Much I’ve Gained.”

Pat DeLeon

Steadily Returning To “Normal”: Leading up to our 130th APA annual convention in Minneapolis, I was pleased to be able to participate in the Psychology PAC event for U.S. Senator Chris Murphy, who has been a long-time enthusiastic supporter of psychology and the behavioral sciences. Having grown up in the Nutmeg State, I was particularly pleased to see so many familiar faces, including Dan Abrahamson and Anne Klee. In all, there were approximately 100 colleagues joining in the discussion, including 35 psychologists from Connecticut. In light of the recent school shootings and mention of the Senator’s election to office just weeks before the Sandy Hook school shooting in 2012, the event was quite emotional.

Senator Murphy discussed the importance of working across the aisle and finding common ground with Republicans. He talked about his strong partnership with APA Champion Senator Bill Cassidy (R-LA) in fighting for mental health parity, as well as his recent work with Senator John Cornyn (R-TX) to negotiate and pass the first gun prevention legislation in almost 30 years, the Bipartisan Safer Communities Act, which also made critical investments in community and school-based mental health. As a member of the Senate HELP Committee, Senator Murphy is well aware of the importance of telehealth, prevention, ensuring reimbursement for psychology’s interns and post-doctoral fellows, and systematically integrating mental health services within our nation’s school systems which are high on APA’s legislative agenda. APA President Frank Worrell and CEO Arthur Evans were masterful hosts. Arthur previously served as the Deputy Commissioner of the Connecticut Department of Mental Health and Addiction Services in the early 2000’s.



The Psychology PAC is extraordinarily important for all of psychology. Katherine McGuire, who previously served as staff director for the Senate HELP Committee, reports that they are now more than halfway to meeting their annual goal of raising \$100,000. This is, indeed, most impressive. However, to place this in perspective, the AANP-PAC (American Association of Nurse Practitioners) announced that by the end of June, they had raised nearly \$42,000 – their largest month total in 2022. We would hope that the leadership of our smaller and particularly our rural State Psychological Associations would reach out to Katherine to host similar events for their own elected Congressional officials, as was the case for the event held earlier this year with Senator Lisa Murkowski from Alaska. As highly educated and concerned citizens, one can make a real difference in the lives of our neighbors; but *only if* one gets personally involved in the public policy/political process.

Minneapolis, Minnesota: At the convention, 5,797 colleagues registered for in-person participation and an additional 3,100 registered as virtual attendees for a total of 8,897. Given the Covid uncertainty, a number of senior Past Presidents, including myself, decided against traveling to Minnesota. Talking afterwards, we truly missed the interpersonal interactions

which, hopefully, we will once again experience next year in Washington, DC. Uniformed Services University (USU) faculty members Abby Diehl, Brent Donmoyer, and Jeff Goodie attended this year, participating in their joint psychology-nursing symposium. During one of the virtual education-oriented sessions that I attended, APA's Chief Education Officer Catherine Grus expressly commented upon the creative nature of these USU interprofessional activities, as she was describing aspirational educational goals for psychology.

Personal Reflections: Abby (Psychology): "The Leader Creates the Discourse – Reflections. Despite the masked faces and social distance, the energy is palpable in the conference venues. After several years of separation, professionals of all backgrounds are coming together to reconnect and to share their perspectives and science in the discipline of psychology, both in-person and virtually. 'Psychology is everywhere' and has indeed arrived in Minneapolis. The year 2022 is my first in-person attendance at the APA conference. The choice of activities, talks, continuing education, and connections to make is overwhelming for me. Where should I go? What's 'most important' to attend? APA leadership has presented a common thread throughout the conference leading the conversation – Diversity, Equity, and Inclusion (DEI) – across all areas within the professional practice of psychology, including education.

"On day one of the conference, I presented with my colleagues Ryan Landoll, Brent Donmoyer, Jeffrey Goodie, and Mathew McCauley *Stories from the Field – How to Create Interprofessional Healthcare Readiness*. The real world interdisciplinary training we discuss is entirely unique within the field of behavioral health training. Breaking down the silos within behavioral health training is a step in the right direction of inclusion of diverse perspectives. Openness to and sharing of perspectives in real time is a core educational component of the USU field exercises.

"Leaders of APA are communicating a clear message, we, as an organization, are not shying away from the commitment to Diversity, Equity, and Inclusion and the immediate action

we previously resolved. On October 29, 2021, the APA Council of Representatives issued an 'apology to people of color for APA's role in promoting, perpetuating, and failing to challenge racism, racial discrimination, and human hierarchy in the US,' building upon the foundation strategically crafted by then APA President Jennifer Kelly. With the Presidential Programs of the APA 2022, leaders are displaying the efforts for prioritizing clinical practice and health equity. Symposiums entitled: *Working Differently Together: Collaboration on the Path Towards Reconciliation and Repair with Communities of Color; The Psychological Impact of Anti-Trans Legislation; & The Psychology of Equal Justice* makeup the Main Stage events. The location, Minneapolis, the city of the May 25, 2020 murder of George Floyd, makes a statement about the purposeful action that APA as an organization has resolved to take in social justice.

"The agenda for the conference reflects the priorities of the leaders of an organization. However, for us as individuals attending we decide what we attend and when at the conference. Do we stay with what we know and feel comfortable with? Reconnect with those who we are comfortable with? OR, Do we challenge ourselves to acquire diverse knowledge? Do we challenge ourselves to meet new people? I recognize that it is my privilege to not go to a certain talk or connect in a certain area to regulate when I hear something difficult. And yet, 'the world needs psychologists' – Frank Worrell, APA President. For me, the question I am reflecting on is about a decade into my professional psychology career: How do I continue to grow into the psychologist the world needs me to be and How do I guide new psychologists on this path as an educator? I am coming back from the conference energized with experiences to continue the discourse fostered in Minneapolis.

"Leaders of APA created an environment of genuine conversation that creates momentum. And I can't help but think when you get back, what conversation will you be leading in your world? In the spirit of the competency of self-reflection as a psychologist, I offer some questions to consider asking yourself and others. What is the role of psychology in

changing the global world and culture? How do you approach new knowledge and data? Do you only attend events that confirm your previously held beliefs? Are you willing to be challenged outside of your comfort zone? And, How are you using your voice and platform as a professional in the field of psychology?"

Brent (Psychiatric Nursing): "The old adage 'You can't teach an old dog new tricks,' did not apply to my experience at the APA's Convention in Minneapolis. I have always supported Diversity, Equity and Inclusion at multiple levels and themes; and in a variety of situations. Viewing this as a strength within healthcare, the military and my personal life. In my 23 years as a nurse/officer, the ideas and actions related to patient advocacy were embedded in my actions and voice. However, advocacy for social justice was not as obvious. As a military officer, political action is a very cautious endeavor, which may have limited my vision; despite the military's strong support for the ideals of Diversity, Equity and Inclusion within the Services. My attendance at the APA Convention opened my eyes to the possibility of being a patient and social justice advocate; how they are linked. The depth and diversity at the Convention was eye-opening to me; 50+ Divisions within the APA and 25+ sessions co-occurring from 08:00-17:00 daily for three days was impressive. I thoroughly enjoyed presenting with three amazing psychologists and gaining different perspectives on mental healthcare across the U.S."

Jeff (Psychology): "Malcolm Gladwell was recently on the podcast *Diary of a CEO* and he emphasized the importance of going back to in-person work in the workplace. He believed that this was key to developing a sense of 'belonging and to feel necessary' and feeling 'like you are part of something.' These statements echo Baumeister and Leary's hypothesis that the need to belong is a powerful source of motivation. After two years of virtual conventions it was refreshing and invigorating to go to a convention in-person. Although virtual meetings allow for information to be disseminated, they limit the opportunities for informal exchanges of ideas and relationship building. Following our presentation on *Stories from the*

Field – How to Create Interprofessional Healthcare Readiness, we were approached by multiple attendees who asked how we implemented our field training exercise for clinical psychology and mental health nurse practitioner students. These attendees had been working on methods to train behavioral health providers how to respond to disasters and wanted to explore how our training methods could be extended to their efforts to create experiential learning opportunities. We had a rich exchange of ideas and brainstormed how they could draw from what we were doing for a military exercise and apply it to responding to a behavioral response to a disaster.

"During a business meeting for Division 38, I enjoyed connecting with colleagues and the opportunity to brainstorm ideas for the future of the Division in large and small groups. Following the meeting I had the opportunity to engage with someone I had never met to discuss the importance and value of pursuing board certification. Following a different meeting, I spent time sitting and talking with a colleague and friend. We reminisced, caught each other up on our personal lives, and talked about the past and future of the field. Each of these diverse interactions are what make attending conferences in-person so valuable, enriching and contributing to feeling 'like you are part of something.'"

Personally, I cannot help but reflect upon how the underlying themes described by those who attended the convention in-person nicely parallel the themes expressed in numerous workshops and conferences held by the National Academy of Medicine (NAM) during the past several years. For example, NAM speakers stressed that worldwide women constituted 80% of those adversely impacted by Global Warming/Climate Change. And, the importance of Developing that Sense of Belonging to a Cause Greater than Oneself, as a "Lesson Learned" from the COVID-19 health professions educational experiences. Highly educated colleagues from many disciplines are clearly working to effectively address the adverse impact of our nation's historical "Structural Racism," which has been graphically reflected in numer-

ous discussions surrounding Health Disparities and Social Justice.

APA's 1997 President Norman Abeles: "I attended the Broom Closet dinner for Past Presidents of APA. It was also my last meeting of the Council of Representatives since I had now exceeded the number of years one could be on Council. It was recently decided that one could serve only 12 years and according to our current President Frank Worrell, I have actually served for 41 years. I was elected to Council by the Michigan Psychological Association and the Divisions of Clinical, Psychotherapy, Aging, International, and Independent Practice. During this time I was honored to receive the Ray Fowler Award and the Senior Award for Public Service, as well as the Heiser Award. As a Veteran of the Korean War, I was pleased to serve on the Gerontology/Advisory Committee to the Secretary of the Department of Veterans Affairs. So you can see that I have lived a full life in APA and I think I

am one of the senior members of our Association. It has been a great and exhilarating experience and one which allowed me to serve twice on the White House Conference on Aging."

Norm has also served on the Policy and Planning Board, as well as Chair of the Education and Training Board. On the International front, he served on the U.S. National Committee for the International Union of Psychological Sciences and was a Fulbright grantee at the University of Utrecht in the Netherlands. He was a member of the President's Task Force on Ethnic and Cultural Diversity; and he served on the Insurance Trust and the Ethics Committee. "I am strong. I am invincible. I am women" (Helen Reddy -- I Am Woman). Aloha,

Pat DeLeon, former APA President – Division 42 – August, 2022

Free new resource for psychologists: Special issue

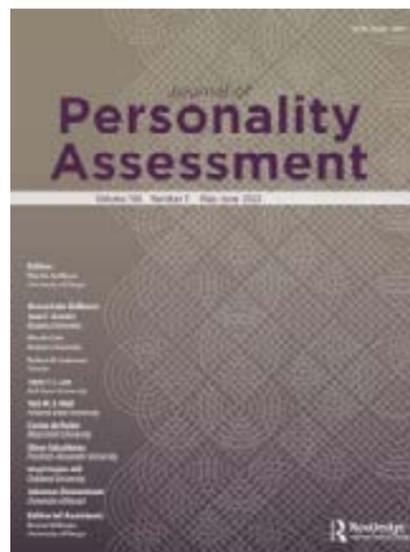
New! Free resource for attorneys, judges, psychologists. FREE special issue on Psychological Assessment in Legal Contexts in the Journal of Personality Assessment.

Comprehensive, credible reviews and critiques of psychometric evidence & legal status of commonly-used psychological & personality assessment measures used in forensic evaluations. 11 papers & a summary intro & editorial analysis. Entire free issue here: <https://www.tandfonline.com/toc/hjpa20/104/2>

These articles offer clarity about strengths & weaknesses of a number of instruments to inform psychologists' preparation for expert testimony, lawyers' preparation for direct and cross-examination, judges' evidence admissibility determinations, and scholars' future research.

Articles on the Rorschach/R-PAS, MMPI-3, PCL-R, MCMI-IV & MACI-II, PAI and PAI-A, SIRS-2, HCR-20V3, TSI & TSI-2, & MacCAT-CA, ECST-R, and CAST*MR are included. To increase visibility, accessibility, & impact, published as free access, meaning available to download without charge.

We hope these articles will be widely read and useful to scholars and practitioners in both psychology and law. Please share to spread the word with your network in the hopes that people who can make use of this great resource become aware that it exists!



APA President-elect Candidates

The Division has chosen not to endorse any of the APA Presidential candidates this year. We have received material from each of the four candidates and are providing what they have sent to us in these next few pages.

Cynthia de las Fuentes

Friends and Colleagues,

Because I believe an ethos of inclusivity provides us with an opportunity to continue to dismantle hierarchal and exclusive structures within our communities, if elected, my action plan includes amplifying all our voices and create and support initiatives that engender inclusion and belonging within APA. I want all psychologists to feel that APA is a welcoming professional home. A psychology that celebrates our intersectionality and diverse career paths and is welcoming to all who will seek out the science, applications, and practices of psychology and psychologists motivates me.

To achieve that vision, we must continue to support practitioners and our practices as we address the mental health needs in our communities. This requires us to (a) build a robust and culturally competent workforce, and (b) continue our advocacy for a better mental health infrastructure that includes parity, telehealth, interstate licensing, prescriptive authority, and

the integration of mental and physical health services with primary care. As president, I will assure that APA is in the room and at the table providing guidance to legislators as they make decisions that affect our work and workers in psychology. This is too important to leave to other professions and other accrediting bodies. I have been in full time independent practice for 15 years and I am passionate about championing and advocating for our needs and concerns.

I respectfully request that you rank me #1 in the upcoming election for president-elect of the APA. For more information, please go to: www.Cynthia4APA.com.



Diana L. Prescott

Dear Friends and Colleagues in Division 42,

I understand this year the division is not planning to endorse any candidate for APA President-Elect. I respect this decision, and I am grateful for the endorsement from Division 42 for President-Elect last year. I am counting on your first-place vote when you submit your ballot between now and October 31st.

Division 42 is my professional home as an independent practitioner. As you know, prac-

tioners like you and me are inundated with new referrals at a time when our active clients are struggling to cope with unprecedented levels of anxiety and depression. Just this week, I had a woman call for the fifth time since July trying to figure out how she



could convince me to agree to see her. It is so difficult to try to meet the crushing demand for therapy, while maintaining good personal emotional and physical health. Practitioners are experiencing high burnout, low pay; high student loan debt; and inflation at the time of retirement. APA must continue to prioritize providing resources for self-care for practitioners, who are balancing the weight of caring for clients while caring for their family and friends and themselves.

As APA President-Elect, I will advocate for increases in funding for Practice, the American Psychological Services Inc. (APASI), and our state associations, believing strength in our Practice community benefits APA and psychologists. Telehealth has opened a window of opportunity for clients to be readily treated, which has benefitted many, including the underserved and those living in rural areas. I plan to extend the previous presidential initiatives of deep poverty and health equity into rural and underserved areas. PsyPact offers the possibility of more easily practicing across state lines. Practice needs electronic tools and financial support to address the massive need for care that exists in our country, while simultaneously engaging in prevention efforts upstream. We also need sufficient psychological workforce with financial support to address the demand for psychological services.

Practicing psychologists are team leaders in our medical clinics, schools, government, places of employment, and independent practice settings, utilizing our skills in consultation, program evaluation, assessment, and research. There are innovative roles for psychologists that provide opportunities for advancement professionally and financially. It is vital that we network, unite, and enhance opportunities for psychologists moving into the future, partnering with organizations outside of APA to accomplish the mission of our strategic plan.

I have the leadership background which qualifies me to lead. I am committed to uniting, protecting, and advocating for the needs of

psychology and psychologists. I have served as a dedicated state champion and federal advocate. I was elected by our Council of Representatives to serve as Member at Large and Recording Secretary on the Board of Directors. I am the only candidate that has served as an officer on our Executive Committee, which has provided me with deep understanding of our organization and members. It is through your steadfast support that I am prepared to serve as President-Elect of APA.

Many practitioners have helped support my candidacy, and I thank each of you for your involvement and dedication. If you would like to join our team effort between now and Halloween, all are welcome. Feel free to reach out to me via e-mail or phone.

I would like to especially thank Dr. Christine Jehu, former APA Graduate Student (APAGS) Chair, APA Board member, and early career sport psychologist who has spearheaded my campaign and spent countless hours working with me, nearly singlehandedly creating the website dianaprescott.com. Dr. Kathleen Ashton has coordinated social media this year, setting this up on Hootsuite on weekends. Dr. Paul Korte and Dr. Emily Selby-Nelson have collaborated on the state psychological association effort while working and raising their children, and Dr. Doug Kimmel and Dr. Nancy Ruddy have reviewed countless endorsement requests to lead the division effort. Several team members have participated in Diversity, Equity, and Inclusion (DEI) coordinated by Dr. Cathy McDaniels-Wilson, including Dr. Frances Boulon, Dr. Dinelia Rosa, and Dr. Mayra "Zoe" Ortiz (who translated some of the website into Spanish). Dr. Peter Oppenheimer has served as the point person for the endorsement requests from the Council caucuses, and trusted team advisors have included Dr. Kevin Arnold and Dr. Randy White. Significant financial support for the campaign was generously donated by Dr. Louise Douce. Thanks to my family members, including my sister, Kathleen Etchison (regular Twitter content contributor), Dr. David Prescott (spouse and practice partner), Rachel, Meredith, and Eleanor Prescott (my young adult daughters, offering energy and support for the cam-

campaign at APA Convention 2022). My appreciation to each of you and so many more who have talked to colleagues and coordinated initiatives to get out the vote in states and divisions. This has truly been a grassroots effort, and my heart is full from your loving support.

Thank you, my friends and colleagues in Division 42, for your #1 vote for President-Elect of

Beth N. Rom-Rymer

Division 42 Statement

We are living in a world shaken by multiple, intersectional traumas, including: racism/escalating gun violence/loss of reproductive freedom/lingering Covid illness/climate catastrophes/forced emigration. My life's work as trauma clinician/forensic expert/legislative advocate/law enforcement consultant/University lecturer/author/state/national/international leader, uniquely qualifies me to be APA President.

Psychologists, because of our extraordinary education, training, and experience, have impact, every day, on the lives of those who are suffering in our local/national/international communities. Because of our capacity, I wholeheartedly support the essential, frontline work of clinicians/the critical work done by academic researchers/ experimental psychologists/ social/forensic/industrial/organizational/the entire range of applied psychologists. We will continue to powerfully speak on behalf of all psychologists!

I passionately believe in protecting clinical voices on Council and protecting clinical practitioners' privilege and patients' legislative privacy rights, while seeking to expand practice to include: prescriptive authority; integrated behavioral health in primary care and in a variety

of healthcare and medical settings; telehealth durability; community mental health; population health; and a plethora of collaborative working relationships so that we can dismantle systemic racism and achieve health equity.

of healthcare and medical settings; telehealth durability; community mental health; population health; and a plethora of collaborative working relationships so that we can dismantle systemic racism and achieve health equity.

With heartfelt gratitude,
Diana L. Prescott, Ph.D.
Candidate for APA President-Elect
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of healthcare and medical settings; telehealth durability; community mental health; population health; and a plethora of collaborative working relationships so that we can dismantle systemic racism and achieve health equity.



Having had broad experience in APA governance, including APA Board/APA Council/Council Leadership Team Chair/APA Caucuses Chair/SPTA/Divisions President, I understand how to get things done!

As your President, I will walk courageously, with you, into our future. I will listen to you with respect and compassion and govern boldly. My outreach to all of our communities will be collaborative/intersectional, with an emphasis on scientific evidence and psychological knowledge/bridge-building/EDI/gender and sexual diversity, to unravel and solve our world's toughest challenges.

Beth N. Rom-Rymer, Ph.D.

For video talks and campaign statement, please go to drbeth4apapresident.com.

Rather than a statement, we received the following from the fourth candidate:

2022 Endorsed by Division 29 - Society for the Advancement of Psychotherapy
Division 32 - The Society for Humanistic Psychology
and Dr. William Doherty, Professor of Psychology (University of Minnesota) and co-Founder of Braver Angels
for a complete list of endorsers visit www.kirkjschneider.com

Kirk J. Schneider, PhD
for APA President-Elect



Social crises are exploding today underscoring the need to mobilize our discipline for action

I propose that we develop a National Corps of Psychologists to facilitate “emotionally restorative relationships” throughout our country. These are relationships that help people to feel seen and heard and that get at the roots of our national and international conflicts.

The Corps will foster a wide range of services to enhance individual and public well-being:

- Expand the availability of longer-term, in-depth therapy in underserved communities
- Increase the availability of first responders to aid police dealing with mental health emergencies
- Bolster the time and quality of psychological services in schools, hospitals, prisons, governmental and diplomatic settings--wherever our services are in greatest need today.

I also call for this Corps to provide highly structured, healing dialogues to address the alarming cultural and political divides in our country. I further call for the Corps to provide equitable access to longer term, emotionally restorative psychotherapy. This framework moreover would be integrative, comprising as appropriate medical, cognitive-behavioral, psychodynamic, humanistic, and existential dimensions of practice.

To fund this National Corps of Psychologists I would use the platform of APA president to call on the support of government, private industry and others who care about the state of our profession and world. Such funding in turn would generate the pilot studies, grants and other forms of support that would help to discern the viability and long-term sustainability of given Corps services. The superb resources of our research as well as applied and practice communities will be very much needed in this timely, broad-based effort.

To see my related proposals--such as a summit of APA Division leaders and a federal office of psychological advisors--connect with me and help support our movement by getting the word out!

CONNECT WITH KIRK'S CAMPAIGN WWW.KIRKJSCHNEIDER.COM
f Kirk Schneider for APA President
t @kirk_apa i @kirk4prezapa

kjs
APA2022

Free Continuing Education (CE) Credits for Psychologists

(2.5 APA- and CPA-approved credits)! This project, funded by the National Science Foundation, is being performed to better understand how mental health professionals come to conclusions and make decisions in evaluations in legally-relevant cases. It also includes personalized feedback to help you understand your own behaviors with a didactic portion with video instruction. First is a dynamic and interactive portion in which you read materials from a case and make judgments about the material, followed by tailored feedback about your performance and suggestions for how to improve your expert judgment. Then, a didactic portion with video content follows. Please click here for more information and to participate: <https://training.concept.paloalto.edu/courses/neal-pronin-research>.



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